



**SBYC**

## **SBYC Adult Learn to Sail Program Student Information**

### **Payment**

Full payment is required during registration to secure your spot. If the course is full, please contact us (7) days before the course starts to find out if there are any openings. If we can accommodate you, we will accept payment by check or credit card before the first day of the program. Payment is refundable, less \$50 administration fee, up to one week prior to the start of the course. Once a course has begun, no refunds are given for any reason. All rates and dates are subject to change.

### **Class Schedule**

Group session dates and times are pre-scheduled. *Discover Sailing* day sails and *Private Coaching* lessons are scheduled at the mutual convenience of the student and instructor. Please arrive in plenty of time for the class. Call your instructor or Chuck Willette at 585-703-6431 to notify him in the event you are unable to attend one of the classes.

Classes are held regardless of weather, but SBYC reserves the right to cancel and reschedule in-process classes due to severe weather conditions. Indoor chalk talks on sailing topics may take place during inclement periods (rain, fog, high wind).

### **Weather and Sea Conditions**

Expect the temperatures to be several degrees cooler near Lake Ontario during the early part of the summer. While out on the water, you may experience wind, rain, spray, cold and heat, and strong sunlight (direct & reflected).

### **Clothing**

Dress for the conditions. We recommend the following items:

- Boat shoes (otherwise non-marking, soft soled, and closed-toed footwear)
- Windbreaker if breezy; layered clothing when cold
- Cap, or hat that will stay on
- Shorts or bathing suit when hot; lightweight pants when cold
- Sunglasses secured with a strap
- Sunscreen

## Safety

Participants must be competent and feel confident in and around the water. The Ideal-18 keelboats are very safe and reasonably stable. While they may heel over in a strong breeze, they will not capsize.

You will be required to wear a USCG-approved Personal Floatation Device (life jacket). We encourage you to provide your own PFD pre-adjusted for fit and comfort. Type II PFDs are provided by SBYC if you do not have your own.

No alcohol or smoking is permitted during classes.

While onboard:

- Do not sail barefoot
- Keep your hands free while boarding
- Keep your hands inside the boat while sailing
- Don't use your body or legs as a fender,
- Keep your head below the boom
- Keep lines from wrapping around your feet
- Don't wind line around your hands
- Hang on – use one hand for yourself and one hand for the boat
- Know how to operate the VHF radio
- Be aware of the onset of hypothermia or seasickness



For more information or to register, visit the SBYC webpage at <http://www.sodusbayyc.org>  
or contact Chuck Willette <mailto:captainchuck@me.com>

